

# Student **SMART** Goals Worksheet

**Specific** – Don't be afraid of creating a goal that includes specific details.

**Measurable** – Think about how your specific goal is measured – is it in time, a grade, inches, etc.


**Achievable** – How do you plan to achieve your goal? What plan of action do you have in place?


**Relevant** – Why is this goal important to you?


**Time Bound** – How much time will you allow yourself to achieve your goal?

Example:

Goal #1: I want to organize my desk space by Sunday night  
so I will have a calm, clean space to work without distractions (goal).

 Goal #1: I want to \_\_\_\_\_ by \_\_\_\_\_ so I  
will \_\_\_\_\_ to \_\_\_\_\_.

 Goal #2: I want to \_\_\_\_\_ by \_\_\_\_\_ so  
I will \_\_\_\_\_ to \_\_\_\_\_.

 Goal #3: I want to \_\_\_\_\_ by \_\_\_\_\_ so  
I will \_\_\_\_\_ to \_\_\_\_\_.